

How I Spend My Day

| Activity | Hours |
|---------------|-------------|
| Sleeping | 6.5 |
| Eating | 1.0 |
| School | 6.5 |
| TV/Games | 2.0 |
| Cell phone | 2.0 |
| Internet | 0.5 |
| Chores | 1.0 |
| Homework | 1.5 |
| Exercise | 1.0 |
| Miscellaneous | 2.0 |
| Total | 24.0 |

